

Vita Sana

PHL

Catering

Healthy Eats FOR CITY STREETS

vitanaphl.com • 2319 Walnut St, Philadelphia, Pennsylvania

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dba Vita Sana™ Phl

FRESH *Vibrant* WHOLESOME

Catering designed for meetings,
wellness events, office lunches,
gatherings, and celebrations.

COLD-PRESSED JUICES & WELLNESS SHOTS

Wellness Juice Bundle

\$90.00
12 assorted Cold-Pressed
Juices

Wellness Shot Bundle

\$36.00
12 Lemon & Ginger
Wellness Shots

Juice & Shot Package

\$110
An assortment of 8 Juices &
12 Wellness Shots

SUPERFOOD SMOOTHIE PACKAGE min 10 smoothies

City Berry \$9.50

Strawberry, Blueberry, Banana, Orange,
Green Apple, Raw Honey

Powerful Protein \$9.50

Almond Milk, Spinach, Banana, Vegan Vanilla
Protein, Hemp Seeds, All-Natural Peanut Butter

Caffeine Crave \$9.50

Almond Milk, Cold Brew, Banana, Açai, Vegan
Chocolate Protein, All-Natural Almond Butter,
Raw Honey

Green Machine \$9.50

Green Apple, Cucumber, Lemon, Spinach,
Pineapple, Mango, Banana, Raw Honey

Pink Dragon \$9.50

Coconut Water, Lemon, Pitaya, Pineapple,
Mango, Strawberry, Chia Seeds

Classic Strawberry Banana \$9.50

Coconut Water, Orange, Strawberry,
Banana, Greek Yogurt, Raw Honey

AÇAÍ & SUPERFOOD BOWLS

perfect for brunches, wellness events, & corporate meetings

Build-Your-Own Açai Bar \$16.00/person, minimum 10 people

Includes:

- Organic Açai
- Granola
- Banana
- Strawberries
- Blueberries
- Coconut Flakes
- Chia Seeds
- Nutella
- Almond Butter
- Raw Honey

ALL DAY BREAKFAST sunrise to sunset

Breakfast Choice \$15.00/person

Choice of:

- Classic Egg Sandwich
- Philly Toast
- Mediterranean Avocado Toast

Served with Fresh Fruit

Vita Sana Continental Spread

\$14.00/person

Fresh Fruit, Assorted Pastries, Granola, Yogurt,
Honey, and Seasonal Toppings

Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs, or unpasteurized milk may increase the risk of foodborne illness. Vita Sana uses ingredients including peanuts, tree nuts, milk, eggs, and wheat. While we take every precaution to reduce the chance of cross-contamination, we cannot guarantee that any item is completely free from these allergens.

RICE BOWL TRAYS serves 8-10 people

The Harvest Chicken

\$125

Herb Grilled Chicken,
Cilantro Jasmine Rice,
Blistered Tomato, Roasted
Peppers, Feta, Arugula,
Served with DF Tzatziki

Tropical Ahi Tuna

\$135

Ahi Tuna, Cilantro Jasmine
Rice, Mango, Avocado,
Edamame, Cucumber,
Shredded Carrot, Scallion,
Sesame Seeds, Served with
DF Sriracha Aioli

Pineapple Salmon

\$135

Grilled Salmon, Cilantro
Jasmine Rice, Pineapple,
Avocado, Edamame,
Cucumber, Shredded Carrot,
Scallion, Sesame Seeds,
Served with Spicy Soy Ginger

SIGNATURE SALAD TRAYS serves 8-10 people

Santorini Sensation

\$85.00

Arugula, Cherry Tomato,
Mediterranean Olives,
Cucumber, Bell Pepper, Thinly
Sliced Red Onion, Feta,
Served with Herb Vinaigrette

Kale Chicken Caesar

\$95.00

Chopped Kale, Herbed
Croutons, Shaved Parmesan,
Herb Grilled Chicken, Served
with Caesar Dressing

Ponzu Tuna

\$110

Ahi Tuna, Arugula, Radish,
Sliced Avocado, Edamame,
Cucumber, Pickled Onions,
Served with Sriracha Aioli,
Yuzu Ponzu Dressing

Salad Add-Ons

+ Herb Grilled Chicken
\$28.00

+ Ahi Tuna
\$34.00

+ Oven Roasted Salmon
\$38.00

SIGNATURE WRAPS & SANDWICHES PLATTERS serves 8-10 people

Signature Wrap Platter \$105

Assorted wraps cut in half

Kale Chicken Caesar Wrap

Whole Wheat Wrap, Crispy Kale, Herb
Grilled Chicken, Parmesan, Caesar Dressing

Roasted Pesto Chicken Wrap

Grilled Chicken, Roasted Peppers,
Mozzarella, Pesto Aioli, Arugula

Spicy Veggie Wrap

Roasted Vegetables, Cucumber, Feta,
Greens, Spicy Aioli

Artisan Sandwich Platter \$115

10 assorted sandwiches cut in half

Roasted Pesto Chicken

Grilled Chicken, Roasted Peppers,
Mozzarella, Pesto Aioli

Garden Tuna Crunch

Tuna Salad, Cucumber, Greens, Tomato,
Herb Dressing

Egg Salad Croissant

Classic Egg Salad, Greens, Flaky Croissant



CALL OR EMAIL TO
PLACE CATERING ORDERS

24-48 HOURS
NOTICE PREFERRED



Vita Sana

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Catering

ONLINE ORDERING & DELIVERY OPTIONS!

GRUBHUB | Uber **Eats** |  **DOORDASH**



Join us at Vita Sana – where health meets flavor, and every meal is a step towards your best self. Rooted in the timeless Italian philosophy of "Vita Sana" – a healthy life – we bring you fast, delicious, refreshing nourishment without compromise.

Vita Sana is a destination for those who value nutrition and the power of healthy foods.

vitanaphl.com • (267) 491-8482 • @vitanaphl
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